



Stay Safe Checklist for... smokers

www.esfrs.org

More people die in fires caused by smoking than in fires caused by anything else.

- ✓ Never smoke in bed.
- ✓ Are you using proper ash trays? They should be made of something which won't catch alight and won't tip over if accidentally knocked.
- ✓ Do you double check that you have properly stubbed out anything you were smoking?
- ✓ Have you ensured that children can't get hold of any matches or lighters in your home? You can also buy child resistant versions.
- ✓ Don't leave lit cigarettes, cigars or pipes lying around – even for a moment.
- ✓ Do you smoke when you are at greater risk of falling asleep? If you're tired, have been drinking or have taken prescription drugs, you could drop what you're smoking and set yourself alight.